Local Resources for Physical Activity

This resource guide is designed to help parents and students contact local youth organizations in and around West Islip. It is provided as an informative document only. Most of these organizations exist independently from West Islip Public Schools.

<table>
<thead>
<tr>
<th>Baseball</th>
<th>Softball</th>
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| West Islip Little League  
PO Box 98, West Islip  
www.westisliplittleleague.org | West Islip Little League  
PO Box 98, West Islip  
www.westisliplittleleague.org |

<table>
<thead>
<tr>
<th>Basketball</th>
<th>Soccer</th>
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| West Islip Youth Basketball  
131 West Islip Road, West Islip | West Islip Soccer Club  
PO Box 5, West Islip  
www.westislipsoccer.org |
| Our Lady of Lourdes CYO Basketball  
455 Hunter Ave., West Islip  
Ed Ryan 988-0107 | Fall League: Registration in spring  
Spring League: Registration in fall |

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<tr>
<th>Cheerleading</th>
<th>Wrestling</th>
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| West Islip Little Conference Cheerleading  
710 Keith Lane, West Islip  
Gina Lotito 587-7681 | West Islip Mat Men Kid Wrestling  
374-7830  
Registration: November |

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<tr>
<th>Dance</th>
<th>Swimming</th>
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| WI Community Cultural Arts  
Dara Gorey/Karen Borous  
PO Box 271, West Islip  
321-7911/422-7123 | WI Elementary Instructional Swim  
www.wi.k12.ny.us  
Family Swim  
www.wi.k12.ny.us |
| Twirling & Dance Assoc. (TADA)  
105 Wilherm Ln., West Islip  
Helen Roepken 241-8034 | West Islip Swim Club  
PO Box 209, West Islip  
www.westislipswimclub.com |
| WI Dance Club, Inc.  
Jennifer Battaglini/Jodi Blindenhofer  
130 Jean Rd., West Islip  
321-6569/587-5628 | |

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<tr>
<th>Football</th>
<th>Lacrosse</th>
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| West Islip Little Conference  
PO Box 376, West Islip  
www.wifootball.org | West Islip Youth Lacrosse (Boys and Girls)  
www.westisliplax.org |