

# WEST ISLIP WRESTLING



## Wrestling Technique Camp 2012

Session I – 8AM-11AM Wrestlers Entering 4<sup>th</sup> -7<sup>th</sup> Grades  
Session II – 12PM-3PM Wrestlers Entering 8<sup>th</sup> -11<sup>th</sup> Grades

Deadline for Registration June 30, 2012

Camp Date: July 23-26, Mon-Thurs 8AM-11AM 12PM-3PM

### Camp Will Include:

Instructional Technique  
Live Wrestling  
Drill Sessions

Speed and Strength Instruction  
Camp Competitions  
Camp T-Shirt

**THIS CAMP IS NOT AFFILIATED WITH THE WEST ISLIP SCHOOL DISTRICT.**

**ALL WRESTLERS MUST HAVE A USA WRESTLING CARD!**

\*Camp Insurance is Secondary to Primary Insurance

\* Checks made payable to: West Islip Athletic Boosters Club (WIABC)

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### Registration Form

Deadline for Registration June 30, 2012

Camp Date: July 23-26, Mon-Thurs 8AM-11AM 12PM-3PM

Send To: West Islip Wrestling  
c/o Nick LaGiglia  
Varsity Wrestling Coach  
1 Lions Path  
West Islip, NY 11795

Camp cost - \$70.00

Print Name \_\_\_\_\_ Age \_\_\_\_\_ Grade Entering \_\_\_\_\_

Phone # \_\_\_\_\_ Address \_\_\_\_\_ Email \_\_\_\_\_

School \_\_\_\_\_ Current USA Wrestling Card # \_\_\_\_\_

**ALL WRESTLERS MUST HAVE A USA WRESTLING CARD!**

**\*\*Camp Insurance is Secondary to Primary Insurance**

T-Shirt Size: Youth: XS S M L  
Adult: S M L XL XXL

Contact: Nick LaGiglia - 374-7830 (cell) [N.LaGiglia@wi.k12.ny.us](mailto:N.LaGiglia@wi.k12.ny.us)  
Tom Longobardi - (516)220-6589 (cell) [T.Longobardi@wi.k12.ny.us](mailto:T.Longobardi@wi.k12.ny.us)